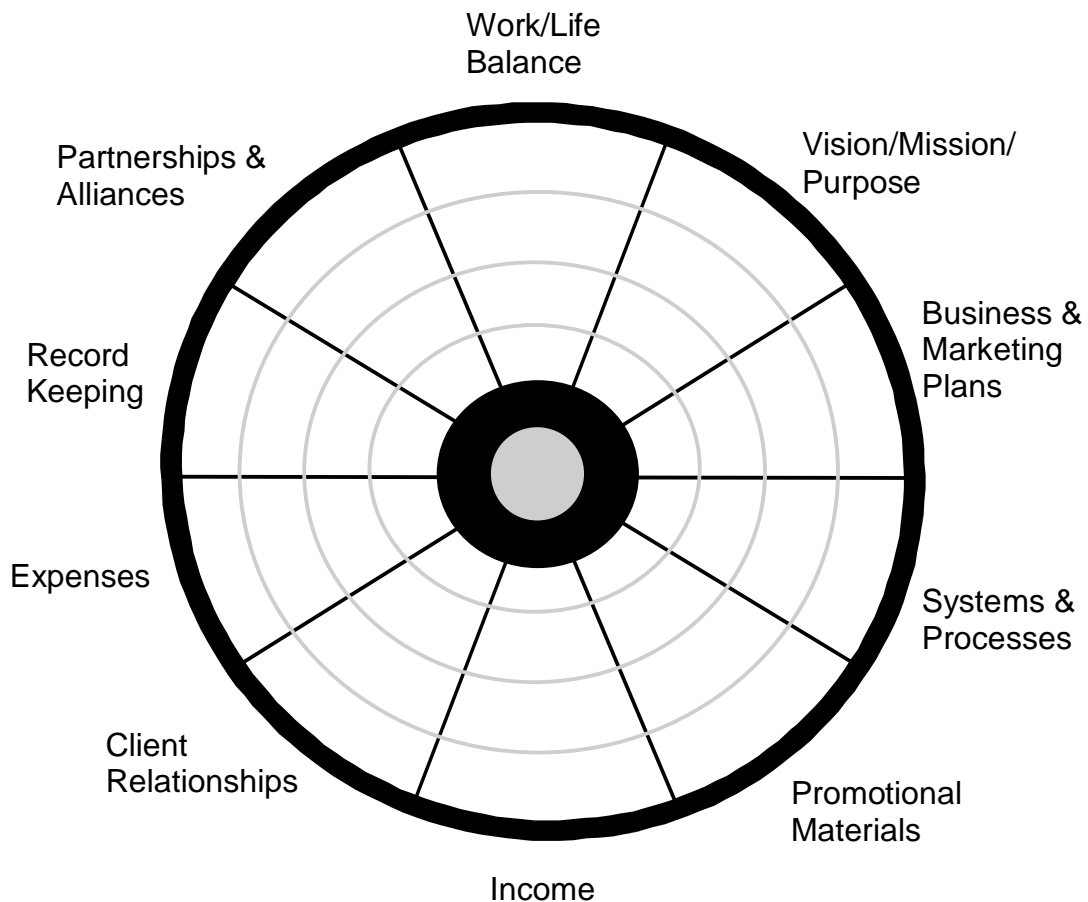


The Business Balance Wheel

The ten sections of the Business Balance Wheel represent important aspects of a balanced business. Rate your level of satisfaction with each area of your business by coloring in the percentage of the wedge representing that part of your business, with 0% being it couldn't get any worse and 100% being you can't imagine it could be any better.

As you complete the circle, ask yourself a few questions:

- 1) How smooth or how bumpy would the ride be if this were an actual wheel?
- 2) What areas need the most attention right now?
- 3) What can I do to smooth out the ride?



Business Balance Worksheet

<u>Business Area</u>	<u>What's Working Well</u>	<u>What I Want to Improve</u>
Work/Life Balance	_____	_____
	_____	_____
	_____	_____
	_____	_____
	_____	_____
Vision/ Mission/ Purpose	_____	_____
	_____	_____
	_____	_____
	_____	_____
Business & Marketing Plans	_____	_____
	_____	_____
	_____	_____
	_____	_____
	_____	_____
Systems & Processes	_____	_____
	_____	_____
	_____	_____
	_____	_____

Business Balance Worksheet

<u>Business Area</u>	<u>What's Working Well</u>	<u>What I Want to Improve</u>
Promotional Materials	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
Income	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
Client Relationships	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
Expenses	<hr/> <hr/> <hr/> <hr/>	<hr/> <hr/> <hr/> <hr/>

Business Balance Worksheet

<u>Business Area</u>	<u>What's Working Well</u>	<u>What I Want to Improve</u>
Record Keeping	_____	_____
	_____	_____
	_____	_____
	_____	_____
	_____	_____
Partnerships & Alliances	_____	_____
	_____	_____
	_____	_____
	_____	_____
	_____	_____

Now that you have a clearer picture of what's working well for you and what you'd like to do to move your business forward, take some time to celebrate your successes. I'm sure you've worked hard to get where you are today.

Next, prioritize the things you want to improve and make an action plan to get you moving. Also, set up some support to keep you on track. It may be formal support, like individual coaching or a group process. Or, it may be setting up a mastermind group or having a buddy. Results increase when we release the need to "go it alone" and reach out to give and receive support from others.

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